

S.I.H.A Boys Hostel Menu 2018-19

	BREAKFAST	LUNCH		SNACKS	DINNER
		Non-Veg	Veg		
MONDAY	Idli & Sambar	Rice, Chicken Sukka, Dal	Rice, Dal, Chapatti	Biscuit	Rice, Rasam, Mix-Veg Dry (Cauliflower, Beans, Carrot, Potato)
TUESDAY	Chapatti & Mix-Veg gasi	Rice, Sambar (Cucumber) Aloo Muttor		Onion Baji	Rice, Cabbage, Veg Khurma
WEDNESDAY	Dosa & Chutney	Rice, Egg Curry (Dry), Tomato Sar	Rice Veg Kurma, Chapatti, Beetrot.	Golibaje	Rice, Gobi Manchurian, Dal
THURSDAY	Poori & White Channa - Chole	Jeera Rice, Veg Kurma, Raitha		Biscuit	Rice, Beetroot, Rasam
FRIDAY	Masal Dosa and Chutney	Rice, Chicken Curry, Veg Curry	Rice, Veg Dry	Aloo Bonda	Rice, Tindly & Channa, Curd Curry
SATURDAY	Buns & Sambar	Jeera Rice, Aloo Curry, Raitha		Cookies / Biscuit	Rice, Sambar, Aloo Muttor
SUNDAY	Masala Upma & Banana	Ganji & Green Gram (Chutney)		Spicy Beaten Rice	Rice, Egg Curry, Rasam